

# The McKenzie CAPSULE

NEWS TO AND FROM  
THE MCKENZIE MEMORIAL HOSPITAL FAMILY

VOLUME 1, ISSUE 96

JULY/AUGUST 2005

## MCKENZIE MEMORIAL HOSPITAL 18TH ANNUAL BENEFIT RAFFLE

### **VIVA LAS VEGAS!!**

***IT'S THE 2005 GLITZ AND GLITTER  
EVENT OF THE YEAR!***

***Entertainment by Viva Las Vegas!***

***The Ultimate Tribute Show***

***This entertainment group will pay tribute to  
legends like Patsy Cline, Roy Orbison, The  
Beatles and many, many more!***

**SATURDAY, SEPTEMBER 17, 2005**

Doors Open at 5:30 p.m. - Donation Bar

Dinner Served at 6:00 P.M.

Tickets \$200.00 per couple

**THUMB MEMORIAL D.A.V. BANQUET HALL**

*(formerly Sanilac Centre across from the 4-H Fairgrounds)*

*400 Green Acres, Sandusky, MI*

**Tickets and further information  
available by calling**

**810-648-6125**

See page 4 for reservation form.

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120 Delaware St. Sandusky, MI.

810-648-3770

E-mail: [mckenziehosp@yahoo.com](mailto:mckenziehosp@yahoo.com)

Website: [www.mckenziehospital.com](http://www.mckenziehospital.com)

*nothing's more  
important than your*

**health**™

# News From Other Departments

## Community Relations

Thank you to the Lab crew - Gayle Farver, Joanne Stoutenburg & Fred Beaulieu; Geriatric Dept.- Louise Blasius & Leta Barnes; & Helen Kennedy; Physical Therapy Dept. - Jennifer Long & Jan Bezemek; and Sanilac Pharmacy's for making McKenzie Hospital's various booths at this year's Senior Health Fair so very successful. THANK YOU!

McKenzie Hospital held a drawing again this year and gave away an Adirondack Glider Chair with neckroll. The lucky winner of that drawing was Thelma McKee of Marlette.

The Workforce Wellness program was held on July 13 and July 30 at Mainstreet Health Center. On those two days McKenzie Hospital provided Lipid Panels (cholesterol screenings), Blood Pressures, and Body Mass Index readings for all of the employees of Sandusky businesses.

Many thanks to the Sandusky Lions Club for the generous donation of \$242.00 to purchase the AT&T Advanced TTY Phone for use by the hearing impaired.

## HEAT EMERGENCIES

Heat emergencies are also known as heatstroke. Heat emergencies fall into three categories of increasing severity: heat cramps, heat exhaustion, and heatstroke.

Heat illnesses are easily preventable by taking precautions in hot weather. Children, elderly, and obese people have a higher risk of developing heart illness. People taking certain medications or drinking alcohol also have a higher risk. However, even a top athlete in superb condition can succumb to heat illness if he or she ignores the warning signs.

If the problem isn't addressed, heat cramps (caused by loss of salt from heavy sweating) can lead to heat exhaustion

## Wellness Department

McKenzie Community Wellness Department has been awarded a \$1,160 grant from the Sanilac County Community Foundation to maintain the Senior Citizen Exercise Program held in the fall and winter.

Last year's "Seniorcize" exercise program was overwhelmingly successful. Our many thanks to the Sanilac County Community Foundation for this grant.

Classes are held in Sandusky and Lexington. There will be an 8-week session beginning in October. Watch the newspapers for future details. For more information call our McKenzie Community Wellness Dept. at 810-648-6127.

## Physician Offices

Congratulations to Dr. Sam Gabbara on completing the Great Lakes Family Medicine Review in May conducted in Beverly Hills, MI.

(caused by dehydration), which can progress to heatstroke. Heatstroke, the most serious of the three, can cause shock, brain damage, organ failure, and even death.

The early symptoms of heat illness include profuse sweating, fatigue, thirst, and muscle cramps. The later symptoms include headache, dizziness and light-headedness, weakness, nausea and vomiting, cool, moist skin and dark urine.

The symptoms of heatstroke include fever (temp above 104 degrees F.), irrational behavior, extreme confusion, dry, hot, and red skin, rapid, shallow breathing, rapid, weak pulse, seizures, and unconsciousness. 2

## Laboratory

Welcome, Nellie Morsali, as Lab Tech to our McKenzie Memorial Hospital family. Nellie and her husband, Farhad and son, Navid, reside in Sandusky.

Gayle Farver, Kathy Block, and Luisa Cardenas have been trained to meet Federal guidelines for DOT Drug Screen Collection. All techs have been trained in using the Fastox testing for an expanded '12-drug' drugs of abuse screening.

## Health Information Management

Welcome, Sherri Foster-Drews to the Health Information Management Department as a HIM Clerk. Sherri resides in the Marlette area, is married and enjoys motorcycle riding and hunting.

A life is not important except in the impact it has on others.

Jackie Robinson,  
American baseball champ

First aid for heat illness is (1) have person lie down in cool place & elevate their feet 12". (2) Apply cool, wet cloths to their skin and use a fan to lower body temp. Place cold compresses on their neck, groin and armpits. (3) If alert, give them beverages to sip (such as Gatorade), or salted drink by adding a teaspoon of salt per quart of water. Give half cup every 15 minutes. Cool water is good if salt beverages are not available. (4) For muscle cramps, give beverages as above and massage affected areas gently, but firmly, until they relax. (5) If person shows signs of shock (bluish lips, fingernails and decreased alertness), starts having seizures, or loses consciousness, call 911 and administer first aid accordingly.

A Warm McKenzie  
Welcome To...



**Niloofer Morsali**, MT - Lab, full time  
**Mary Lambert**, Surgical Tech, ROC  
**Krista Burch**, X-Ray Clerk, full time-temp  
**Paula Kaiser**, Quality Assurance Director, full time  
**Sherry Foster-Drews**, Health Information Management Clerk, full time  
**Anita Schumacher**, LPN, ROC  
**Tammy Cliff**, RN, OR Director  
**Jennifer Long**, Physical Therapist, Director, full time  
**Megan King**, CNA, full time  
**Dena Smiley**, CNA, full time  
**Joyce O'Kelly**, RN, full time  
**Rebecca Beauchamp**, SNT, full time-temp  
**Deborah Ruggles**, Nurse Aide, part time  
**Megan Rudger**, Administration clerical, full time-temp

## DEPARTMENT CHANGES

**Deborah Ruggles**, NA, part time to ROC  
**John Davis**, Electrician, full time to ROC  
**Meghan Froehlich**, ER Tech & Ambulance to Ambulance, full time to volunteer  
**Katelyn Gormley**, RN, full time to ROC  
**Kenton Wadsworth**, Aide, part time to ROC  
**Diane Flanagan**, Aide & MA to ER Tech, ROC to full time  
**Robin Kaufman**, LPN, full time to ROC  
**Wendy Harrison**, RN, LOA to full time  
**Toni Schott**, Health Information Management Clerk, ROC to part time

Good-Bye  
And Good Luck  
To...



**Laurie Strachan**, RN, ROC  
**Carmen Grifka**, Biller, ROC  
**Andrea Gaines-McCarthy**, RN, ROC

## Health Observation & Recognition Days...

### Month of July

#### Month-Long Observance

Eye Injury Prevention Month

[www.aao.org](http://www.aao.org)

Hemochromatosis Screening Awareness Month

[www.hemochromatosis.org](http://www.hemochromatosis.org)

#### July Week-long Observances:

10-16 Therapeutic Recreation Week

[www.nrpa.org/branches/ntrs.htm](http://www.nrpa.org/branches/ntrs.htm)

24-30 Hospitality House Week

[www.nahhh.org](http://www.nahhh.org)

#### August Month-Long Observances:

Aisles of Smiles [www.mdausa.org](http://www.mdausa.org)

Cataract Awareness Month

[www.aao.org](http://www.aao.org)

Eye Injury Awareness Month

[www.aao.org](http://www.aao.org)

Immunization Awareness Month

[www.partnersforimmunization.org](http://www.partnersforimmunization.org)

Pain Awareness Month

[www.nationalpainfoundation.org](http://www.nationalpainfoundation.org)

Psoriasis Awareness Month

[www.psoriasis.org](http://www.psoriasis.org)

Spinal Muscular Atrophy Awareness Month [www.fsma.org](http://www.fsma.org)

#### August Week-Long Observances:

1-7 Breastfeeding Week (World)

[www.lalecheleague.org](http://www.lalecheleague.org)

#### August Recognition Days/Events:

23 Health Unit Coordinator Day

(unit secretaries, unit clerks, appointment coordinators, etc.)

[www.nahuc.org](http://www.nahuc.org)

**FOR SALE**



Antique Furniture from Estate  
Call Leta Barnes, 810-633-9553  
Anytime - leave message

## COMMUNITY EDUCATION/WELLNESS CALENDAR...

Call the Community Education Department at 810-648-6125, for further information and to register for classes.

### PRENATAL CLASSES

Monday, September 12 thru Monday, October 10. 5 week series. Cost \$25.00.

### CPR CLASSES

#### American Heart

#### Association Certified

Adult Heartsaver - Thursday, July 23, 6 p.m. Cost \$35.00.

Infant/Pediatrics - Wednesday, July 27, 6 p.m.. Cost \$35.00

### American Heart Association Certification

Thursday, July 28, 6 pm. Cost \$25.00.



**Aqua Aerobic** classes will begin in **September**. Watch for further information.



### SENIOR EXERCISE CLASSES

#### THIS FALL.

Watch for future details..  
Made possible by a grant from the Sanilac County Community Foundation.

**MCKENZIE MEMORIAL HOSPITAL  
18TH ANNUAL BENEFIT RAFFLE  
SATURDAY, SEPTEMBER 17, 2005**

Doors open at 5:30 p.m. Dinner at 6:00 p.m.  
followed by *VIVA LAS VEGAS TRIBUTE SHOW*

Thumb Memorial D.A.V. Banquet Hall

400 Green Acres, Sandusky

Tickets \$200.00 per couple

Proceeds to McKenzie Development Fund

1st Prize - \$5,000 Cash

2nd Prize - \$3,000 Cash

3rd Prize - \$1,000 Cash

*Every ticket holder receives a beautiful prize!*

*A delicious meal of Prime Rib or Lobster!*

**All the glitz and glitter of Las Vegas with The Ultimate Tribute Show**

To make your reservation, please fill out the form below and return to McKenzie Memorial Hospital,  
Development Office, 120 Delaware, Sandusky, MI 48471.

Direct any questions you may have to the Community Relations Office 810-648-6127.

Raffle License #R82510

-----  
Name (as you wish it to appear in the program) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone(\_\_\_\_\_) \_\_\_\_\_

◆ If you have a special ticket no. (1 thru 150) please enter it here: 1st choice # \_\_\_\_\_ 2nd choice # \_\_\_\_\_

*Tickets are on first come, first serve basis.*

◆ Amount enclosed \$ \_\_\_\_\_ - (\$200.00 per ticket is for two people.)

◆ Please check your choices (2 choices per ticket): PRIME RIB \_\_\_\_\_ OR LOBSTER \_\_\_\_\_

Please make your check payable to: McKenzie Memorial Hospital Development Fund

Mail to: McKenzie Memorial Hospital, Development Office, 120 Delaware, Sandusky, MI 48471

◆ I prefer to pay by (please circle one): Visa MasterCard Discover Card

Card No. \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## AUXILIARY NEWS

The Auxiliary has so far this year purchased a stair chair for Sanilac Ambulance. This piece of equipment makes it easier for personnel to transport patients down stairs. Once down, it can revert to a gurney.

In April they also purchased five IV poles with the five feet for stability at a cost of \$388.30.

In July they purchased the BlueWare Electronic Nursery Module which is an internet enabled application that allows our birthing center to publish pictures of the newborn babies on the web instantly. This was at a cost of \$700.

In June, our President Frieda Fetting and Community Relations Drietor attended the annual Michigan Association of Healthcare Advocates (MAHA) Spring Conference at the Grand Hotel on Mackinac Island. Guest speakers presented information on the Medicare and Medicaid issues facing our healthcare industry. One of the more interesting points brought out is that health care is Michigan's largest employer with 472,304 direct jobs. Education was next with 410,383 direct jobs with auto manufacturing third and agriculture fourth. With the proposed cutbacks in reimbursement, it will be very difficult for some healthcare facilities to stay viable.

It was an enjoyable conference and meeting many other auxiliarians from other hospitals gave them the opportunity to find out about their fundraisers, membership drives, and other ways of making our auxiliary better.

On Tuesday, July 12, Lila Wedge will host the Auxiliary picnic. Thank you, Lila, for doing this.

The bake sale at the Thumb Festival brought in \$385.75. Thank you everyone who made such delicious

homemade baked goods to sell. A lot of people took home some very good desserts.

Don't forget...the Gift Shop has those great cook books for sale. Recipes are from our auxiliary members, volunteers, and employees. Placed in a basket of goodies for a birthday, anniversary or any special occasion makes a very special gift.

We had a very nice turnout at the United Methodist Church Fellowship Hall to hear John Espinoza speak on Medicaid and other topics in the political arena. Our thanks to Delphine Kenny Campbell for organizing this community event. Many thanks to all who brought desserts.

If you would like more information on the MMH Auxiliary, please contact President Frieda Fetting at 810-648-9648; Membership Chairperson Patti O'Connor at 810-648-343, or the Community Relations office at 810-648-6127.

## AUXILIARY CALENDAR

**July 5** - Auxiliary Board, 5 p.m., Dining Room.

**July 12** - 5:30 p.m. Picnic at the home of Lila Wedge. Pot Luck.

**August 2** - Auxiliary Board, 5 pm, Dining Room

**August 11** - 7:00 p.m. Membership meeting, Dining Room

### THE JOYS OF VOLUNTEERING FROM A TO Z

A nswering a need	N oting the difference your efforts make
B uilding lasting relationships	O pening doors to new experiences
C aring for others	P utting your compassion into action
D eveloping new skills	Q uieting others' worries & fears
E arning respect & admiration	R eaching out to people in need
F eeling good about yourself	S preading smiles wherever you go
G iving back to the community	T ouching lives forever
H earing "thank you!" from all those you help	U nderstanding people better
I nspiring others with your dedication	V italizing programs with your service
J oining the millions like you in improving the world	W arming hearts with your kindness
K eeping active and involved	X ploring new opportunities
L ifting spirits	Y ear-round appreciation
M aking great use of your time & talents	Z ering in on what's important - being part of the solution!

### THANK YOU!

Thank you so much to all who furnished the baked goods and to the workers who helped to make our bake sale such a success at the Thumb Festival.

Helen Kennedy &  
Bert McBride

McKenzie Auxiliary Donates  
"BlueWare" to OB Dept.

The McKenzie Hospital Auxiliary has donated \$700.00 to purchase an electronic nursery module called BlueWare. This is an internet enabled application that allows our birthing center to publish pictures of our newborn babies on the web instantly.

Family and friends can see a picture of the newborn on their very first day of life! Whether it's Grandma and Grandpa who live 2000 miles away or co-workers or neighbors who don't want to bother mom and dad yet, everybody can visit the new arrival without a chance of waking up the little angel.

This internet system will be up and running by the end of July. You can view information about this program by going to the website at:

<http://www.blueware.net/nursery.htm>.



McKenzie Hospital employees raised \$905.00 for the Relay!

**RELAY FOR LIFE**

Kudos to Veronica Longton, Laura Baumeister, Bonnie Powell and their families for doing such a terrific job at the Relay for Life this year. Hats off to Sally Woodard-Volz, CRNA at McKenzie, for making the cardboard horse. Their kids did a great job in selling popcorn. They sold over \$100.00 worth! Thank you to all those who walked the relay.

Kindness in words creates confidence...kindness in giving creates love. *Lao Tzu, Chinese philosopher*

**DEVELOPMENT  
COUNCIL . . .**

THE MISSION OF THE  
DEVELOPMENT COUNCIL IS TO  
PROVIDE A COMPREHENSIVE  
PROGRAM OF FUND DEVELOPMENT  
THROUGH PHILANTHROPY IN  
SUPPORT OF THE HOSPITAL'S  
MISSION AND VISION.

Cut out the following contribution form and return with your tax deductible donation to.

**McKenzie Memorial Hospital  
Fund Development Office  
120 Delaware St.  
Sandusky, MI. 48471**

**MY CONTRIBUTION...**

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

I wish this gift be In Memory Of:  
\_\_\_\_\_

(Please attach any additional names on a separate paper.)  
Please send acknowledgment of my memorial gift to: (The amount of the gift will not be given unless requested.)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip \_\_\_\_\_

Enclosed is my tax-deductible gift of \$ \_\_\_\_\_

\_\_\_\_\_ Check  
\_\_\_\_\_ Visa MasterCard Discover  
Card No. \_\_\_\_\_  
Exp. Date \_\_\_\_\_  
Signature \_\_\_\_\_

 JULY/AUGUST BIRTHDAYS 

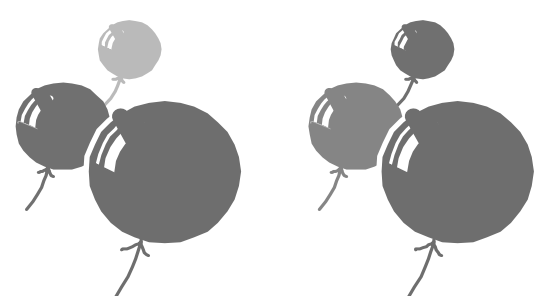
Linda Kamen, Medical Assistant II.....	7/01
Danielle Nowicki, EMT-B, Medical Ass't.....	7/02
Patricia McConnachie, Central Billing.....	7/05
Colleen Brinker, Biller/Receptionist.....	7/07
Mandy Pringle, LPN.....	7/07
Linda Gavin, Data Processor.....	7/08
Diane Flanagan, Med. Assistant II.....	7/09
Stacie Wheeler, SNT.....	7/10
Nancy Hunt, Registered Nurse Practitioner.....	7/11
Abdallah Simaika, M.D., Orthopedic Surgeon.....	7/11
Heather Merriman, GN.....	7/13
Niloofer Morsali, MT.....	7/14
Sandra Tobi, Cert. Surgical Tech/Cert. First Assistant.....	7/14
Trisha Franzel, LPN.....	7/16
Darlene Ross, LPN Adv.....	7/20
Deborah Ruggles, CNA, ROC.....	7/21
Luann Oberski, LPN.....	7/22
Kristine Hoskins, RT(R)(M) - Radiology.....	7/24
Elizabeth Mavis, RN, AEMT.....	7/25
Matthew Cole, EMT-B Volunteer.....	7/29
Jean Davis, RN, V.P. Patient Services.....	7/29
Nancy Teets, RN.....	7/29
Wendy Harrison, RN.....	7/30
Brian Markle, Paramedic.....	7/30
Lisa Stone, EMT-B Volunteer.....	8/01
Dixie Ladd, RN, Social Worker, ROC.....	8/02
Kenton Wadsworth, Aide, ROC.....	8/03
JoAnn Hall, RN, Family Planning.....	8/04
Pam Davis, RN.....	8/06
Audrey Holdwick, RN, Infection Control/Empl.Health.....	8/06
George Ross, Maintenance.....	8/07
Dena Smiley, CNA.....	8/08
Dan Woodard, Maintenance.....	8/08
Fred Beaulieu, MT, Laboratory Manager.....	8/09
Debra Phillips, CPT.....	8/09
Greg Stanislawski, EMT-B.....	8/09
Jennifer Bartley, CNA.....	8/15
Kathleen Frostic, AEMT/ER Tech.....	8/15
Bonnie Powell, RN, Clinical Services Director.....	8/15
Amy Messing, LPN.....	8/17
Megan King, CNA.....	8/20
Ila Jones, Food Services - Cook.....	8/23
Philip Swoffer, EMT-B.....	8/25
Sue Abrego, RN.....	8/27
Robin Kaufman, LPN, ROC.....	8/27
Betty Schulte, Med. Ass't.....	8/28
Deborah Friedli, LPN.....	8/30

 **Congratulations!**

**JULY/AUGUST ANNIVERSARIES**

Arliss Avery, LPN.....	7/05/78
Patsy Mausolf, RN.....	7/08/85
Dan Kenny, Maintenance.....	7/13/01
Rose McCrackin, X-Ray Tech.....	7/14/03
Margaret Trigger, Physical Therapy Ass't.-Certif...7/15/02	
Tammera Greyerbiehl, Administrative Ass't.....	7/17/03
Megan Froehlich, EMT/ER Tech.....	7/19/03
Kathleen Frostic, AEMT.....	7/19/02
Greg Stanislawski, EMT-B.....	7/19/03
Carolyn Smith, PT Aide.....	7/22/92
Delores Ingles, Food Services Aide.....	7/28/85
Pauletta Oswald, Health Information Mgmt.Clerk.7/29/02	
Kerry Regintin, GN.....	8/01/02
Sally Jensen, X-ray Tech.....	8/02/01
Ila Jones, Food Services - Cook.....	8/06/73
Vicky Hyatt, NA/WC.....	8/08/83
Roseann Kopacz, ER Tech.....	8/12/74
John Davis, Maintenance Supervisor.....	8/16/82
Kathy Cleland, Health Information Mgmt Director.8/28/90	

*There is no exercise better for the heart than reaching down and lifting people up.*  
 John Andrew Holmes, Jr. (1841-1935)  
 American writer and minister



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